

Ashtanga Yoga Closing Prayer



स्वस्ति प्रजाभ्यः परिपालयन्तां
न्यायेन मार्गेण महीं महीशाः ।
गोब्राह्मणेभ्यः शुभमस्तु नित्यं
लोकाः समस्ताः सुखिनो भवन्तु ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

- ▶ svastiprajābhyaḥ paripālayantām
- ▶ nyāyena mārgēṇa mahīm mahīśāḥ ।
- ▶ gobrāhmaṇebhyaḥ śubha-mastu nityam
- ▶ lokāḥ samastāḥ sukhino bhavantu ॥
- ▶ om śāntiḥ śāntiḥ śāntiḥ

May the leaders of this earth protect the welfare of all life by adhering to the path of virtue. May the wise, noble & all peoples be eternally blessed. May the whole of all the worlds be happy.



svasti = welfare

prajābhyaḥ = all life

paripālayantām = protection

nyāyena = by way of virtue

mārgēṇa = a method, a path

mahīm = the earth

mahīśāḥ = the rulers of the earth

gobrāhmaṇebhyaḥ = the people of the earth

śubham = goodness

astu = may it be so

nityam = always, daily

lokāḥ = all realms; this and other worlds

samastāḥ = every

sukhinaḥ = happiness, pleasant

bhavantu = may they become

